

## We can provide 2 x 2hr sessions over a 4-week period that include:

Sessions can be provided face to face at your premises. If required we can discuss a blended approach to include zoom. This service is available to groups across Northern Ireland in the community.

Healthy relationships The human body and development Sexuality & sexual behaviour Values, rights, culture & sexuality Understanding gender Violence and staying safe Health & wellbeing Sexual & reproductive health







12-14 years old; contact hello@commonyouth.com

15-16 years old; contact info@relateni.org

17-19 years old; contact nigel@acet-ni.com





